



BLACK WOMEN FOR WELLNESS

323-290-5955

info@bwwla.org

Home

About Us

Contact Us

BWW Blog

Publications

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### Donate Now

Your tax-deductible gift supports South Los Angeles community programs...



### Be an Advocate

Have a say in shaping policy decisions made locally, statewide and federally...



### Be a Member

Let your voice count for supporting community programs that affect you, your family, & neighbors...



### Be a Volunteer

Be the Heart of BWW! Your skills, time and energy support Black women & girls health & well being...



Enhancing  
Health &  
Well Being  
in South L.A.  
Since 1997

You are here: Home



## Welcome to Black Women for Wellness



**Black Women for Wellness** is committed to healing, educating, inspiring, and supporting Black women, so we may tap our personal power to enhance and improve our health and well being.

**Black Women for Wellness** defines good health as more than mere absence of disease, but the ability to grow, to soar, to use our strength, our power as women, our beauty, our intelligence uninhibited to the fullest extent for the pursuit of healthy lives, families and communities.

**Black Women for Wellness** believes in preventing illness through education, self-empowerment, access, appropriate treatments and interventions, blending solutions that work for us, no matter our lifestyles, financial or educational status.

**Black Women for Wellness** defines good health as physical, spiritual, emotional, mental, and financial well-being. We also believe good health requires a blending of western medicine with traditional and natural healers to create a balanced life.

Planning and sampling for holiday parties, December 2012

Wednesday December 5th 2012

5:30 pm - 7:30 pm

@  
**Africa House**  
4284 La Salle Ave.,  
Los Angeles 90062

For more information on upcoming Kitchen Diva events please  
contact [kitchendivas@bwwla.com](mailto:kitchendivas@bwwla.com) or call

323.290.5955



### Upcoming Dates:

December 12th 2012 - Preparing and packaging food as holiday gifts.

Note: Location of classes are subject to change. We apologize for the inconvenience this may

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EVENTS

NEWS

### Image Gallery from Reproductive Health

a...

12-05-2012 Hits:11 Events

Iris Center-UCLA Women's  
Health Education & Resource  
Center's Reproductive Health  
and The Environment  
Conference held November  
27, 2012 Workshop:  
Community Advocacy:  
Program Design and  
Lessons Learned from Salon  
Initiatives in Communities...

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cause.

## Sisters@Eight Presents "Game Change Series"

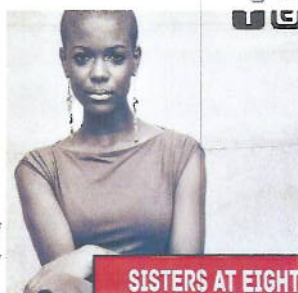
Date: Dec 14, 2012, Time: 8:30am - 10:30am at Department of Water & Power, 4030 Crenshaw Blvd, Los Angeles. To RSVP call our office at 323.290.5900

### Guest Speaker

**Dr. Elaine Batchlor**, C.E.O. of MLK Jr Community Hospital

#### Bio:

Currently, Dr. Batchlor is responsible for medical leadership of all aspects of L.A. Care Health Plan, including the assurance of quality healthcare delivery to more than 800,000 members. In addition, she oversees L.A. Care's community investment program, health information technology efforts and culture and linguistic services. Dr. Batchlor is a licensed physician with board certification in internal medicine and rheumatology. Her health policy and administrative work includes medical directorships at insurance companies, healthcare management organizations, and foundations.



## Do you know about the flame retardant in your couch?

On Wednesday, November 28, 2012, Los Angeles ABC Channel 7's Ric Romero visited the Black Women for Wellness office for an interview with Nourbese Flint & Martha Arguello, about the alarming amount of Flame Retardant used to manufacture the couch you could be sitting on and how it can be impacting your health.

The full story may be read online here, <http://abclocal.go.com/kabc/story?section=news/consumer&id=8901862>

## Planning and sampling for holiday parties, December 2012

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Upcoming Dates: December 12th...

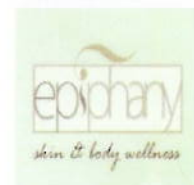
## Kitchen Divas Holiday Series

For more information on upcoming Kitchen Diva events please contact: [kitchendivas@bwwla.com](mailto:kitchendivas@bwwla.com) or call 323.290.5955  
Upcoming Dates: December 5th 2012 - Planning and sampling for holiday parties. December 12th 2012 - Preparing and...

## Sisters@Eight Presents "Game Change Series"

PLAYERS & PLAYBOOK EDITION - 8:30 am - 10:30 am  
Location: Department of Water & Power, 4030 Crenshaw Blvd. Los Angeles, CA  
Please R.S.V.P by calling: 323.290.5955

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